



HOOD RIVER COUNTY SCHOOL DISTRICT

Excellence. Every student. Every day.

Local Community Resources for Social, Emotional and Mental Health Support

Mid-Columbia Center for Living

MCCFL is the local Community Mental Health organization. It provides trauma-informed/ recovery based treatment services to people with mental health and/ or substance abuse issues.

#541-386-2620 (press 5 for crisis)

24-hour crisis line

1-888-877-9147

mccfl.org

One Community Health

One Community Health offers a range of services that include medical, dental, and behavioral health (mental health and substance use) as well as education and outreach programs.

541-386-6380

onecommunityhealth.org

The Next Door Inc.

The Next Door, Inc. is a nonprofit based in Hood River, OR and The Dalles, OR, and its mission is opening doors to new possibilities by strengthening children and families and improving communities. The Next Door envisions a supportive community where all children and families are safe, healthy, and valued.

541-386-6665

Mental Health Crisis Line- 541-308-7110 (mon-fri 9am-5pm)

Nextdoorinc.org

Columbia Gorge Health Council

Bridges to Health

*The **Oregon** Solutions project team agreed to form the **Bridges To Health (BTH)** community hub in the Columbia Gorge. This structure connects and coordinates*

existing community **health** workers (CHW) with each other, primary care providers, social service entities, and other resources in the Hood River and Wasco County area.
541-705-2705

Cghealthcouncil.org

Mid-Columbia Children's Council

MCCC is a local nonprofit organization that ensures that all children, regardless of their circumstances, have access to a high-quality, early education.

541-386-2010

mcccheadstart.org

Department of Human Services

*DHS Child Welfare and its partners are committed to providing services that support child and family well-being, prevent abuse and neglect of children, and reduce the use of foster care. DHS Child Welfare will also: Ensure that when foster care is needed, it will be family-based, short-term and culturally **responsive**.*

Child Welfare (DHS)

541-386-2962

Sef-Sufficiency Hood River county

541-386-3199

www.dcoffices.org

Columbia Gorge CASA

Columbia Gorge CASA is a nonprofit organization that recruits, trains, and supports volunteers who make a difference in the lives of children.

541-386-3468

www.gorgecasa.org

Columbia Gorge Children's Advocacy Center

The Columbia Gorge Children's Advocacy Center is a 501(c)3 public nonprofit and your donations are tax-deductible. Support is provided by and sought from local businesses, individuals, grants from organizations, corporations, and foundations, as well as city, county, state, and federal governments.

541-436-2960

www.cgcac.org

Four Rivers Learning Hub

The Four Rivers Early Learning Hub (4RELH) located in the beautiful Columbia RiverGorge. 4RELH serves to create a network of early childhood systems that are family-centered and ensure that all children have equal opportunities to help them be school ready and succeed.

541-506-2234

www.4relh.com

Hood River County

The Hood River County Prevention Department works to address youth alcohol, tobacco, and marijuana use by increasing community and parents' awareness of harm of substance use; changing community norms around substance use; reducing access by youth to alcohol, tobacco and marijuana; and changing consequences for alcohol, tobacco, and marijuana retailers. Workshops are available for parents on everything from bullying and how to talk to your kids to understanding how your child's brain works.
Hoodriverprevents.com

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Getreadygorge.com