

Classroom Interventions & Supports (Tier1)

Environmental Changes <ul style="list-style-type: none"> • Alternate Seating In Own Space • Individual work space • Listen to music • Stand while working • Turn desk around • Use calm neutral tone • Use seating disk • Use timer • Velcro on/under the desk • Visual schedule • Headphones • More structured routine • Move to new location in the classroom • Provide a container for the student's belongings • Stress ball or fidget 	Consequences <ul style="list-style-type: none"> • Avoid power struggles • Call parent or note home • Card Flip • Clear, consistent, and predictable consequences • Do unfinished work during recess or unstructured time • Have student say a nice thing to the student they called a name • Logical consequence • Natural consequences • Office referral • Reflection sheet • Remove from room • Speak in calm and neutral tone • Take away privileges • Take away unstructured or free time 	Other <ul style="list-style-type: none"> • Assign a buddy or partner • Assign a classroom job • Call on student frequently • Clear and concise directions • Color coded folders • Daily planner • Draw a picture or write in a journal • Encourage interaction with a more self-confident student • Engage student • Frequent eye contact • Frequent home contact • Give choices • Ignore • Organize materials daily • Pause before giving a direction • Proximity to students • Reassurance • Redirection • Review PBIS expectations and rules • Speak in calm and neutral tone • Speak with student in hallway • Start Commands • Stop, Walk, Talk • Talk one on one with student • Talk Ticket • Talk to parent • Touch base with student • Touch student on shoulder
Praise & Reward <ul style="list-style-type: none"> • Acknowledging positive behavior • Praise student frequently • Praise when cooperative and well behaved • Praise when good attitude and involvement occur • Praise when on task • Rewards, Simple Reward Systems, & Incentives • Call parent or positive note home 	Breaks <ul style="list-style-type: none"> • Break, moving position in class • Have student take frequent breaks or activity • Send student on errand • Snack break • Take a break • Deep Breathing • Count to 10 	
Teach Skills <ul style="list-style-type: none"> • Teach conflict resolution skills • Teach coping skills • Teach organizational skills • Teach relationship skills • Teach relaxation techniques • Teach social skills • Model appropriate language • Establish Nonverbal cues • Teach substitute words 	Adjust Assignment <ul style="list-style-type: none"> • Alternative modes of completing assignments • Break down assignment • Break down directions • Explain assignment 	Source: http://www.pbisworld.com/tier-1 Visit this site for more information on each intervention